

HPC Report October 2014 - April 2015
Photo Gallery – Humla



Left - Humla coordinator Paumal Aidi sows clover into an experimental no-till plot on his land. The clover is sown along with Spring grain (millet) and will act as a ground cover, keeping weeds down while also fixing nitrogen and helping to conserve moisture.



Above - Ms Bifa Aidi teaching fruit tree pruning on a short technical training. Fruit trees are pruned in the dormant season (winter) or the summer - here trees are dormant. Pruning at this time helps to create the right form of a tree/shape, while pruning in the summer aids fruit production.



Left - in a new village, Kakhe, farmers learn how to establish a fruit nursery, using root stock seed provided. They will be grafted the following winter.

Below - Ms Khintu Aidi was born in Surkhet and married into Humla, now she finds herself as a trainer for HPC! In Madana she spent 3 days teaching making of the *Gundri*, a woven mat traditionally made from rice straw in many areas of Nepal (in her childhood Khintu would have learned to make gundris in Surkhet), but not traditional in Humla, even though they grow rice.

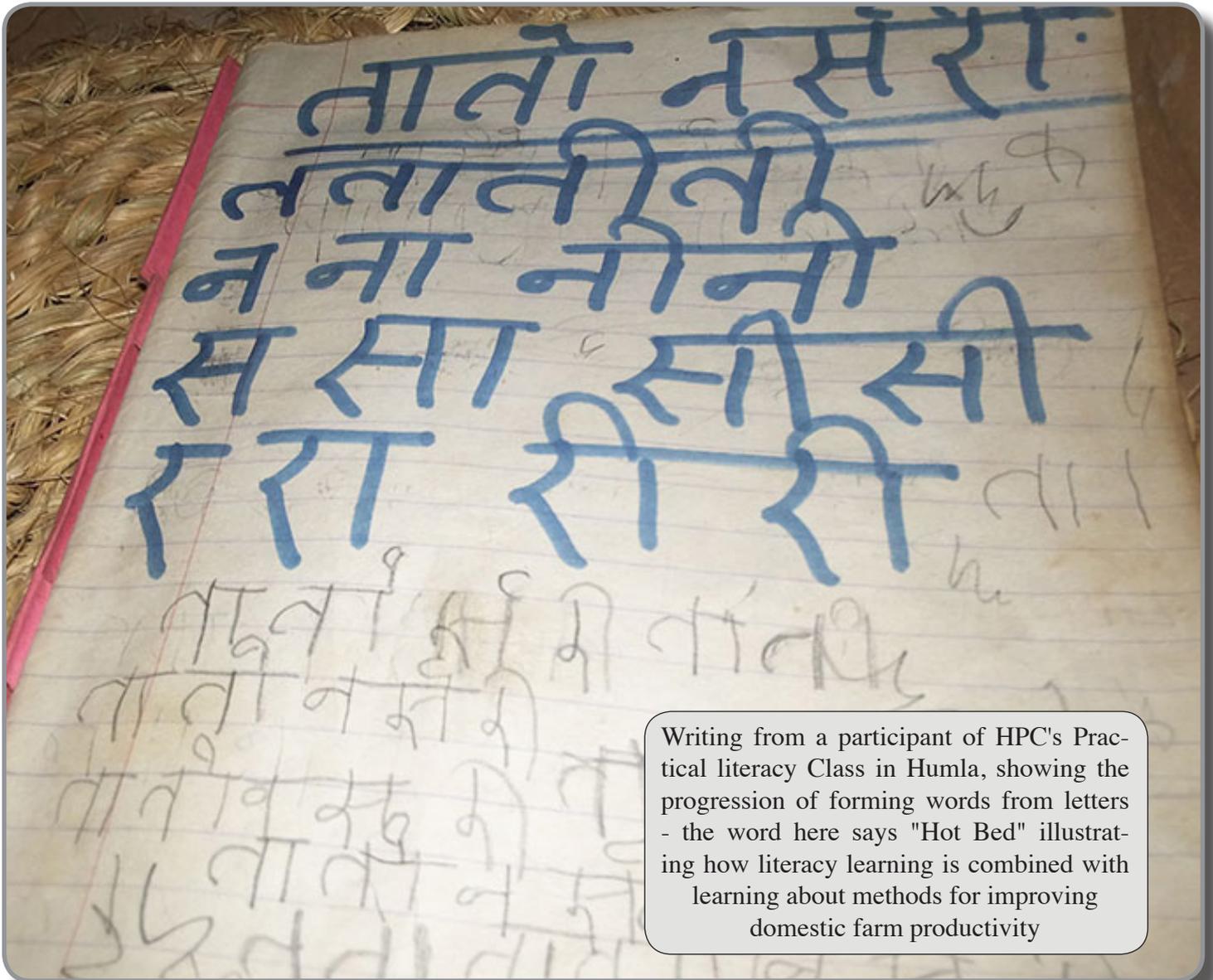


Below - women learn to make the gundries on 2 frames. The gundri is warm and comfortable to sit on, and is made entirely of local resources. They also learned to make chagatis - small round mats made from the ear leaves or husk surrounding the maize cob. While gundries can seat several people, chagatis are for an individual.





Above - at the end of the 3-day training, participants proudly display their guntries and chagatis, This training was provided specifically to low-caste women in the village Dalitbada, Madana VDC (but some of the men managed to sit in too).



Writing from a participant of HPC's Practical literacy Class in Humla, showing the progression of forming words from letters - the word here says "Hot Bed" illustrating how literacy learning is combined with learning about methods for improving domestic farm productivity